

# de Souza Institute Fellowship Award 2009-2010

The de Souza Institute is an innovative centre of learning dedicated to improving cancer care by supporting excellence in oncology and hospice palliative care nursing. The de Souza Institute Fellowship Award Program is designed to support tomorrow's nursing educators and leaders. Janet Lovegrove, a first year Master of Nursing student at McMaster University in Hamilton, has been chosen as a fellowship award recipient for 2009-2010. Janet has been teaching the Fundamentals Introductory Hospice Palliative care course in Haldimand and Norfolk for the past four years. Working in hospice palliative care nursing since 2000 and in nursing since 1982, Janet has been able to observe how patients, their families, and staff deal with grave illness, tragedy, dying, and death. Many of them do not do well. It is her belief that people need education if they are to draw on their full inner resources to cope effectively and take care of themselves when faced with such challenging times.

Janet is committed professionally to helping patients, their families, and attending staff find meaning in their life adversities and develop their inner resources to cope.